

SIMPLE SAFETY TIPS

THAT COULD SAVE YOUR LIFE!

NEVER WALK WHILE SPEAKING ON YOUR CELL PHONE.

If you need to make a call, stop into safe environment.

DON'T WALK ON THE STREET WITH HEADPHONES.

You can't hear someone coming up behind you.

ALWAYS HAVE YOUR KEYS IN YOUR POCKET AS YOU APPROACH YOUR DOOR.

Don't be that girl that has to fish around for her keys.

CONSIDER CARRYING SOME SORT OF WEAPON ON YOUR KEY CHAIN.

Whether it's a whistle, flashlight, personal alarm... make sure it is ready to use!

IF YOU CHOOSE TO CARRY PEPPER SPRAY, PRACTICE HOW TO USE IT!

The time to learn is not in the state of a crisis.

ALWAYS OPEN DOORS USING YOUR SHOULDER, LOOK WHO IS BEHIND YOU.

Never have your back to any way.

NEVER STAND IN THE BACK OF ELEVATOR TRAPPING YOURSELF.

Stand near the buttons where you are in control.

TRY TO CONSOLIDATE YOUR BAGS.

Always keep your hands free to use.

PAY ATTENTION, MAKE EYE CONTACT.

If you let them know "I see you," you are telling them you can pick them out of a line up.

DON'T BE AFRAID TO USE YOUR VOICE!

It is the BEST WEAPON YOU HAVE!

IF SOMEONE MUGS YOU FOR YOUR WALLET, JEWELRY BAG...

Always throw it past them so they turn to get it and you can run the other way.

KEEP IT CLEAR.

White wine, clear cocktails are hard to drop drugs in undetected.

